

Injection Therapy to Internal Haemorrhoids (Sclerotherapy)

This procedure is performed in the Specialist Rooms, and allows you to return to normal (non strenuous) activities the same day.

A small amount of irritant fluid (5% phenol in almond oil) is injected into the haemorrhoid. This results in shrinkage in size of the haemorrhoid. There may be some discomfort at the time of the injection, and a dull ache may be felt for up to 48 hours afterwards.

Sclerotherapy can cause minor rectal bleeding for the first two days or so. This is an expected occurrence, especially after a bowel motion. A panty-liner should be sufficient for any spotting.

Panadol, or relaxing in a warm bath should relieve any pain or discomfort. Try to avoid any major activities for two days after injection therapy.

No special diet is necessary, but it is important to keep your bowel motions soft and regular.

Usually two or three visits are required to treat haemorrhoids by this method, so you may be asked to return to complete the treatment at 3-4 weekly intervals.

You are welcome to bring a support person to your Rooms visits if you feel they would be of assistance to you.

Please contact the **Practice Nurse** at the **Rooms**:
Ph 961 6666,

if you develop any unusual problems, including:

- ❖ Profuse, uncontrollable bleeding (a teaspoon of blood on a panty-liner may be expected)
- ❖ Rectal or anal pain that is constant, sharp and not controlled by Panadol.
- ❖ Fever or temperature, which may be associated with nausea and weakness.

Last reviewed April 2015