

Type 1, Insulin-dependant Diabetic - Gastroscopy

- ◆ Ideally your appointment should have been made first thing in the morning
- ◆ Please halve your dose of long acting insulin and reduce your medium acting insulin by a quarter the evening before your procedure (or as advised by your Diabetes Educator). Test your blood sugar levels regularly the evening and morning before the procedure.
- ◆ Do not take your insulin on the morning of the procedure.
- ◆ Your Blood Sugar Level will be monitored before the procedure and 4 hourly after to ensure your levels stable.
- ◆ After the procedure you will be given 50% - 100% of your normal insulin dose before midday – **remember to bring your insulin to the Hospital with you.**
- ◆ Please take you normal insulin in the evening after your procedure and return to your normal dietary intake – remember to keep taking your blood sugars 4 hourly until you are happy they have stabilised then return to your normal regime.

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The Endoscopy Clinic

Level 1, 9 Caledonian Road, Christchurch 8013

P: (03) 961 6666

E: info@endoscopyclinic.co.nz

