

Type 2 Diabetic (not on insulin) - Gastroscopy

- ◆ Continue your diabetic medication and diet as normal until the day of your procedure.
- ◆ Withhold your diabetic medication **on the day** of your procedure.
- ◆ Have an early breakfast before your fasting period begins.
- ◆ Test your blood sugar when you first wake in the morning and 4 hourly thereafter.
- ◆ Have glucose drink or barley sugar available to administer should your B.S.L drop below 4 or if you feel light-headed etc.
- ◆ **Take your diabetes medication with you to the Day Hospital/Centre** and inform the Recovery Nurse that you have them with you for after your procedure if required.
- ◆ Please phone the Practice Nurse at The Endoscopy Clinic if you have any concerns, on 961-6666, or phone the Day Hospital or Centre where your procedure is to be done.

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The Endoscopy Clinic

Level 1, 9 Caledonian Road, Christchurch 8013

P: (03) 961 6666

E: info@endoscopyclinic.co.nz

